



Cheder Chabad Lunch Menu

November 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbos
	November 4 Pizza	November 5 Hot dog & bun French fries Salad	November 6 Chicken Roasted potatoes Salad	November 7 Baked ziti Caesar salad Fruit	November 8 Falafel Pita bread Israeli salad	לך לך
	November 11 Pizza	November 12 Breaded fish Rice Salad	November 13 Taco shells Meat sauce Rice Fruit	November 14 Chicken Roasted potatoes Salad	November 15 Potato Buerekas Hard boiled eggs Israel salad	וירא
	November 18 Pizza	November 19 Hot dog & bun French fries Salad	November 20 Chicken Rice Soup Fruit	November 21 Baked ziti Caesar salad Fruit	November 22 Fish sticks Couscous Salad Fruit	חיי שרה